

2010 Girls Cross Country Schedule

Date	Meet	Location	Meet Start Time (LeaveTime) Subject to change	Notes
* Monday * August 30	3-way (Consumnes Oaks, Franklin, DC)	Elk Grove	~3:00 p.m. (1:30 p.m.)	UPDATE Added this
Saturday September 4	Willow Hills Relays (Folsom)	Folsom High School	8:30 a.m. (Leave at 6:45 a.m.)	Parents needed to work snackbar & with meet
Saturday September 11	Hornet Jamboree	Granite Regional Park (Sacto)	morning	
Wednesday September 15	CVC Center Meet	Granite Regional Park (Sacto)	3:30 p.m. (1:30 p.m.)	Parents needed to work finish line
Saturday September 18	Nevada Union Invitational	Nevada Union High School	8:30 a.m. (TBD)	Check with the coaches for leave time.
Friday September 24	<i>Bye week – (this week or previous week) practice will be held</i>			
Saturday October 2	Wildfire Invitational	Foresthill	9:45 am	
Tuesday October 5	CVC Center Meet	Granite Regional Park (Sacto)	3:30 p.m. (1:30 p.m.)	Parents needed to work finish line
Saturday October 9	Castro Valley Trojan Invitational	Canyon Middle School, Castro Valley	9:00 a.m. Coaches run 10:30 Girls Frosh/Soph (leave TBD)	
Saturday October 16	Mariner Invitational	Hayward	9:00 a.m. (5:30 a.m.)	<i>(we may go to another meet or have bye week)</i>
Saturday October 23	<i>Bye week – (this week or previous week) practice will be held</i>			
Friday October 29	CVC Meet (Finals)	Folsom	3:00 p.m. (1:30 p.m.)	Parents needed to work finish line
Saturday November 6	Sub-Sections	Angels Camp	9:00 a.m. (6:00 a.m.)	
Saturday November 13	Sections	Folsom	8:30 a.m. (7:00 a.m.)	Parents work the snackbar
Saturday November 20	Optional for some	Practice/Race	About 6:30 a.m.	
Friday/Saturday November 26/27	State	Fresno	8:30 a.m. (10:30 a.m. Fri)	

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