

2009 Boys Cross Country Schedule

(Updates in red below) – as of 9/30/2009

Date	Meet	Location	Meet Start Time (LeaveTime) Subject to change	Notes	
To be determined (Either Aug 26 or Sep 2) Stay tuned	3-way	To be determined (Likely near Elk Grove)	~3:00 p.m. (1:30 p.m.)	Coach is still working out the details. We'll need Drivers.	
Saturday September 5	Willow Hills Relays (Folsom)	Folsom High School	8:30 a.m. (645 a.m.)	Parents needed to work snackbar & with meet	
Saturday September 12	Hornet Jamboree	Granite Regional Park (near Power Inn & Folsom Blvd)	(We'll probably all leave for this meet at about 6:30 AM)	We'll need Drivers.	
Wednesday September 16	CAL Center Meet	Rio Americano High School	3:30 p.m. (1:30 p.m.)	Parents needed to work finish line	
Saturday/Sunday September 19/20	Woodbridge Invitational	Woodbridge High School (Irvine)	4:30 p.m. (Sat) (4:30 Sat a.m.)		
Friday September 25	Yuba Sutter Invitational	Riverfront Park (Marysville)	2:30 p.m. (11:15 a.m.)		
Change	Friday/Saturday October 2/3	Kenny Staub Invitational	La Crescenta Park (Pasadena)	(Drivers & boys meet to leave at 7:15 a.m. Friday) (We'll Leave 7:30 a.m.) Boys Run a.m. (Saturday)	
Wednesday October 7	CAL Center Meet	Rio Americano High School	3:30 p.m. (1:30 p.m.)	Parents needed to work finish line	
Change	Saturday October 10	Castro Valley Invitational	Canyon Middle School, Castro Valley 19600 Cull Canyon Road, Castro Valley, CA	(Drivers & boys meet to leave at 6:15 a.m. Saturday) (We'll Leave 6:30 a.m.) Meet Start Time - 9:00 a.m. Saturday	Parents needed to drive
Saturday October 17	Mariner Invitational	Hayward	9:00 a.m. (5:30 a.m.)		
Saturday October 24	<i>Bye week practice will be held</i>				
Friday October 30	CAL Meet (Finals)	Folsom	3:00 p.m. (1:30 p.m.)	Parents needed to work finish line	
Saturday November 7	Sub-Sections	Angels Camp	9:00 a.m. (6:00 a.m.)		
Saturday November 14	Sections	Folsom	8:30 a.m. (7:00 a.m.)	Parents work the snackbar	
Firetrails November 21	Optional for some	Near Camp	About 6:30 a.m.		
Friday/Saturday November 27/28	State	Fresno	8:30 a.m. (10:30 a.m. Fri)		

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